

Can I wear the same V-Go device for more than 24 hours?

After 24 hours, you should apply a new, filled V-Go. Be sure to change your V-Go at the same time every day. If V-Go is worn for more than 24 hours, it may no longer deliver the steady rate of insulin you need.

Will V-Go stay adhered for 24 hours?

Yes, V-Go has been designed for 24-hour use. When applying V-Go, keep the following tips in mind:

- Apply V-Go to a flat area of the skin, and not on a fold of the skin, muscle, or bone
- Be sure to thoroughly clean the application site you choose to wear V-Go with an alcohol swab and let dry
- Lotions and/or ointments may prevent V-Go from sticking to your skin
- Do not touch the adhesive pad before you attach V-Go to your skin
- Avoid applying to areas with excessive hair or shave the area to help V-Go adhere to your skin
- Ask your healthcare professional about skin barrier products or adhesive removers that can help prevent skin irritation

If V-Go does not adhere for the full 24 hours, replace with a new, filled V-Go.

If I require less insulin than V-Go holds, do I have to completely fill the device?

Yes, for V-Go to work properly, you must fill the device completely.

How do I know if my V-Go is full?

Hold the viewing window at eye level and direct the backside of the V-Go EZ Fill toward a brightly lit area. Ideally, you should only see fluid and not air space. You may also see tiny air bubbles smaller than a grain of rice, which are okay.

What if my V-Go does not fill completely?

If your V-Go is not full, check to make sure the insulin vial is completely pushed down into the insulin vial holder and that the V-Go EZ Fill drawer is completely closed. Also, be sure that you have completely pulled the plunger to its full upright position. Lastly, ensure that you have not run out of insulin. If you are out of insulin, remove the empty insulin vial from the V-Go EZ Fill insulin vial holder, replace with a new vial, and refill V-Go.

Can I speak to someone about how to fill and use V-Go?

If you would like to learn more about how to fill, wear and go with V-Go, we have Certified V-Go trainers who can provide complimentary V-Go step-by-step instruction by phone or video chat at a time that is convenient for you. Request to be contacted by a Certified V-Go trainer by going to www.vgotraining.com.

Can I swim, shower, or bathe while wearing V-Go?

Yes, V-Go has been successfully tested in water to depths of 3 feet, 3 inches (1 meter) for 24 hours, and can be worn during swimming, showering, or bathing. V-Go should not be used in water activities below 3 feet, 3 inches (1 meter), such as scuba diving, or in extremely hot water temperatures, such as hot tubs or whirlpools.



What if I run out of insulin at mealtime?

First check that you are pressing the Bolus Ready Button properly. If the Bolus Delivery Button fails to pop out after you activate the Bolus Ready Button, you have used all of the available insulin for bolus dosing (36 Units or 18 clicks per 24 hours). After 18 clicks, the Bolus Delivery Button will lock, preventing further bolus doses. If this occurs, replace with a new, filled V-Go before your next meal. Consider creating a plan with your healthcare professional on how to manage your bolus (mealtime) dosing with V-Go, including what to do if you run out of insulin at mealtimes.

Should I wear V-Go to bed?

Yes. You should wear V-Go for a full 24 hours, even while you sleep.

Can I travel while wearing V-Go?

V-Go can safely be worn on an airplane. When traveling, use the same precautions that you would when traveling with other insulin supplies and talk with your healthcare professional about extra precautions you may need to take. When traveling with the V-Go EZ Fill, with an insulin vial attached, it should be refrigerated at all times. Contact your insulin manufacturer regarding guidelines for travel and pack in a very secure place (avoid impact from shaking). Empty V-Go devices do not require refrigeration.

How do I store V-Go?

Unfilled, unused V-Go may be stored in a dry, safe location.

Filled V-Go devices should be applied immediately after filling. However, V-Go may be filled with Humalog® for up to 24 hours prior to use if refrigerated or if left at room temperature. V-Go may be filled with NovoLog® for up to 5 days prior to use if refrigerated, or for up to 3 days prior to use if left at room temperature.†



If you have further questions, please see the Instructions for Patient Use or call V-Go Cares at **1-866-881-1209** or visit **www.go-vgo.com**.

IMPORTANT SAFETY INFORMATION

If regular adjustments or modifications to the basal rate of insulin are required in a 24-hour period, or if the amount of insulin used at meals requires adjustments of less than 2-Unit increments, use of the V-Go Wearable Insulin Delivery device may result in hypoglycemia. The following conditions may occur during insulin therapy with V-Go: hypoglycemia (low blood glucose) or hyperglycemia (high blood glucose). Other adverse reactions associated with V-Go use include skin irritation from the adhesive pad or skin infections at the infusion site. V-Go is magnetic resonance (MR) unsafe and should be removed before having an X-ray, MRI or CT scan.

†Humalog® (insulin lispro) and Novolog® (insulin aspart) have been tested and found safe for use in V-Go. Humalog® is a registered trademark of Eli Lilly and Company. Novolog® is a registered trademark of Novo Nordisk A/S.